Welcome to Week 2 of Virtual Sunday School.

This week has been hard for lots of people. We have had to get used to not going to school, and now we can’t go anywhere really! I hope you have been OK and that it isn’t too hard staying at home all the time. I hope, too, that you have been good and helpful!

This week, I have recorded the session as well as sending this, so hopefully you can see that too.

**Game – learning to wait**

Can you sit still for a whole minute? Play this game with your family. Take it in turns to time 1 minute. Everyone else sits still until they think a minute is up. When you think a minute is over, stand up. Who is closest? Who was miles away? Have some fun playing this with the rest of your family.

It can be hard to wait, and we’re having to do a lot of that now. In today’s story we read of a family who had to wait for Jesus to come to them. It was worth the wait though.

**Story**

Do one or more of these:

* Read John 11v1-45. If it isn’t in your Children’s Bible, you can find it on [www.biblegateway.com](http://www.biblegateway.com). I would recommend using the International Children’s Bible, the Easy-to-Read Version or the Contemporary English Version for ease of reading.
* Watch the video of me reading the story
* Watch one of these clips
  + <https://www.youtube.com/watch?v=Dca8SSxXCmM>
  + <https://www.youtube.com/watch?v=1FT04jjh3Q8>

**Think about it**

* How do you think Mary & Martha felt when Jesus didn’t come immediately?
* Have you ever felt let down by a friend? What happened? How did you feel?
* What might help us know that Jesus is with us even when we feel sad or frightened?

**Activity**

EITHER

Print off the flower: <https://www.rootsontheweb.com/media/20217/flower.pdf>. (If you don’t have a printer, draw a flower with big petals and a big centre bit.) In each petal write/draw something that makes you feel sad or frightened. In the middle, wrote “Jesus is there.” This will help you remember that Jesus is with us, even when we’re sad or frightened. Then colour/decorate it without covering the words!

OR

If you think you’re a bit old for the flower, get a piece of plain paper, and think of something that is wrong in the world (not too hard at the moment!) Then think hard, about where is Jesus in this situation? If we look and think hard, we can find Him. Write down any words that come to mind as you think about where He is now.

**Song**

This song is a reminder that even when we feel sad or frightened, God is in charge. Can you keep up with the song?

<https://www.youtube.com/watch?v=7nuzbWEiaeY>

**Prayer**

When you feel sad or frightened, remember you can always speak to God. You might just say “help me, God, I’m scared.” God will hear you and answer your prayer.

Pray these 2 prayers with your family

Dear God,

Life is strange at the moment. Please look after me, my family and my friends. When I feel sad and frightened, or when I am missing school and church, please help me to remember that you are still with me. Thank you that you will ALWAYS love me and will NEVER leave me. Amen.

Father God,  
show us how to heal the world you made.  
Son of God,  
teach us to walk with those who suffer.  
Holy Spirit,  
fill our mouths with the right words.  
Father, Son and Holy Spirit,  
help us to show your love to all people.  
**Amen.**